



**ZENITH COLLEGE OF
APPLIED SCIENCE**

**EDUCATION
PEOPLE
COMMUNITIES
BRIGHTER
FUTURES**

*Learning
Mental Health
Stronger
Communities*

Become a **ZENITH** TRAINER

Help Build Mentally Healthier Communities

At Zenith College, we believe that education creates confidence, understanding, and positive change.

We're seeking passionate individuals who want to help workplaces, schools, organisations, and communities build practical mental health literacy skills.

Whether you're a health professional, an experienced trainer or an active community member, there is a pathway for you.

Become a
Trainer.

Become a
Leader.

Become a
**Beacon of
Change.**

One Mission. Three Pathways. Endless Possibilities.



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Why Become a Zenith Trainer?

As a Zenith Trainer, you become part of a growing network of educators committed to improving mental health literacy and strengthening communities.

What You'll Gain



Professional Recognition

Join a respected network of trainers delivering evidence-informed mental health education.



Meaningful Community Impact

Help individuals, families, workplaces, and organisations gain the knowledge and confidence to support mental wellbeing.



Flexible Opportunities

Deliver training in settings that align with your professional interests and availability.



Ongoing Purpose

Every course you facilitate contributes to safer, more informed, and more resilient communities.

“*Education
creates confidence.
Confidence
creates change.*”



THE POWER MOTIVATORS: WHY PEOPLE JOIN US



To Make a Real Difference

Create practical, measurable change that positively impacts people's lives.



To Earn Professional Respect

Become a trusted source of knowledge, guidance, and support.



To Build a Legacy

Every participant you teach carries your influence forward.



To Belong to Something Meaningful

Join a community of professionals and advocates committed to making a difference.



To Empower Others

Provide people with the skills and confidence to support themselves and those around them.



To Step Into Leadership

Become someone others look to for education, guidance, and inspiration.



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The Three Pathways to Become a Zenith Trainer

Whether you're a health professional, an experienced trainer, or an active community member, there is a pathway for you.



Tier 1: Health Professionals

Doctors, nurses, psychologists, counselors, social workers, paramedics, and allied health professionals.



Must Complete

- Foundations of Mental Health Literacy (FMHL)
- First Aid in Mental Health (FAinMH)



Must Hold

- Current Public Liability Insurance



Tier 2: Professional Trainers

Qualified adult educators holding a TAE qualification or equivalent training credential.



Must Complete

- Must Complete
- Foundations of Mental Health Literacy (FMHL)
- First Aid in Mental Health (FAinMH)



Must Hold

- Current Public Liability Insurance



Tier 3: Community Trainers

Individuals with lived experience, community involvement, peer support experience, or a demonstrated commitment to mental health awareness and education.



Must Complete

- Must Complete
- Foundations of Mental Health Literacy (FMHL)
- First Aid in Mental Health (FAinMH)
- International Certificate in Adult Training, Education & Assessment



Must Hold

- Current Public Liability Insurance



ONE STANDARD OF EXCELLENCE

All Zenith Trainers deliver evidence-informed mental health literacy education.



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YOUR NEXT STEP STARTS HERE

If you feel called to educate,
inspire, and create positive
change, we'd love to hear
from you.



Share Your
Experience



Explore the
Best Pathway



Learn How
to Become a
Zenith Trainer

Contact **Dr Claude Martinez**



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Website: www.zenithcollege.org

Arrange a confidential conversation to discuss
your experience, explore the most suitable pathway,
and learn how you can become a Zenith Trainer.

*Together,
we can build
mentally healthier
communities
and brighter
futures.*